

Things to know about sports at Canyon Crest Academy

In order to be eligible to participate on a sports team, you must first have the following items turned into the CCA Athletic Office. All forms must be filled out completely and turned in prior to the beginning of the sports season. Failure to complete any of these forms will make you ineligible for an Athletic Clearance Card. Check the CCA Athletic Website for specific sport tryout dates and additional information. This packet should only be completed ONCE for each school year. *(For Winter/Spring sports) If you have played a Fall and/or Winter sport in 2015/16, please submit another Emergency Release, Parent Player Handbook (page 19), and your most recent report card grades.*

Packet Checklist

Transfer Form (grade 10-12 only)	Handbook/Code of Conduct/Hazing
Emergency Release form	Transportation Guidelines
Participation Form	Release of Liability
Athlete Agreement	Steroid Use Policy
Sports Physical (signed by MD, DO or PA)	Pre-Enrollment Contact Form (if applicable)
Proof of medical insurance (front/back copy of card)	GPA
Concussion form	Parent/Player Handbook Signature page
CIF Code of Ethics	

Emergency Release form – This form, along with the Parent/Player Handbook signature page, is one of the forms you need to complete each time you try out for a team.

Participation Form – This two page form must be accurately filled out and have both Parent and Athlete signatures.

Sports Physical – A physical is required before participation in sports is permitted. It must be obtained on or after June 1, as per CIF, to cover the following academic year. This form must be signed and dated with a full clearance by a licensed **MD, DO or PA** in order for your student to qualify for participation in a school team sport. This is a two page form. *If you do not have a current physical, you will not be allowed to try out. There are no exceptions.*

Proof of medical insurance – A photo copy of both sides of your medical insurance (card) must be provided with your completed athletic packet. SDUHSD makes student accident insurance available for parents to purchase if they do not have health insurance or as a supplement to their own policy. Please see the Athletics Page of the school website for details.

Pre-Enrollment Contact Form – Any and all pre-enrollment contact of any kind with a student athlete and coach during their 7th and 8th grade year must be disclosed by the student, parent(s), legal guardian(s), and/or caregiver(s).

Grade Point Average – SDUHSD requires all students to include a copy of his/her most recent GPA when starting a new sport season. You must have a 2.0 GPA and be passing at least 3 classes in order to be eligible for a team. *From the AERIES parent portal, go to the grades tab and click on grades from the drop down menu. Print the page: Student Grade Report.*

Clearance Cards – Once all the above requirements are met, the athlete will pick up the Clearance Card on the assigned date from the Athletics secretary. The Clearance Card is the “ticket to tryout” and must be given to the coach on the first day of tryouts. **Fall Clearance Cards can be picked up at the CCA Athletic Office on August 6 and 7, 2015.** *If will be unable to collect your Clearance Card, and you wish for a family member to collect it in your stead, the request must be made in advance via email to the Athletics Secretary.*

Equipment – Athletes who make the team will be issued equipment. If the equipment is lost, stolen, damaged or not returned at the end of the season, a fee will be charged for repairs or replacement of the equipment. Failure to return or pay will affect the student’s eligibility in other sports and graduation.

Mandatory Parent/Player Meetings – All SDUHSD student athletes and their parent/guardians are required by the district to attend the pre-season orientation meeting. The student athlete will not be able to participate in games/meets/matches until the athlete and at least one parent/guardian has attended the meeting. *Be sure to sign in at your meeting!*

Early Release – If you make a team that requires you to leave from class early, Early Release notices are emailed to faculty the morning of an early release game. Parents do not need to call ahead to excuse an athlete for an early release. Please let your teacher know as you enter that class that you will be leaving early so they can plan ahead. Please know that release times must be adhered to. Leaving class earlier than the release time will result in an unexcused absence for the entire class period.

Athletic Participation Form San Dieguito Union High School District

Fall Sports (Aug-Nov)

Cross Country
Girls Field Hockey
Girls Golf
Girls Tennis
Girls Volleyball
Boys Water Polo

Winter Sports (Nov-Feb)

Boys Basketball
Girls Basketball
Boys Soccer
Girls Soccer
Girls Water Polo
Wrestling

Spring Sports (Feb-May)

Boys Baseball
Boys Golf
Boys Lacrosse
Girls Lacrosse
Girls Softball
Swim and Dive
Boys Tennis
Track and Field
Boys Volleyball

Athletic Eligibility info for Students

- **Fall Sports (9th Grade Only) :** You must have at least a 2.0 grade point average from your last semester of 8th grade in order to be eligible to tryout. Eligibility after that will be determined by each subsequent official progress report. In order to maintain athletic eligibility, you must maintain at least a 2.0 GPA on the most recent official progress report. Please attach a copy of your June report card (8th grade) to your packet. You must include a copy of your summer school report card if it helps raise your GPA to 2.0. Or, an official transcript is needed if a summer school course is taken off-campus or not affiliated with SDUHSD.
- **All student/athletes:** High school quarter grades and/or semester grades are used to determine if a student is maintaining the required non-weighted 2.0 GPA. Grades must be maintained throughout the season of sport.

Athletic Participation Requirements

1. If you make a team that requires you to leave early from a class, “early releases” are emailed to staff the morning of the game. Please let your teacher know at the beginning of class that you would like to leave early so they can plan ahead. *Please note: This may vary depending on school site.
2. You must have proof of medical insurance. The school has paperwork available for supplemental insurance for those of you who are not insured or would like extra insurance. The forms are available in the Athletics Office.
3. In order to tryout, you must have a completed SDUHSD physical form from your doctor. Physicals are good for ONE calendar year and must cover you through your entire sports season. Please think ahead when making your doctor appointments. **If you do not have a current physical you will not be allowed to tryout. There are no exceptions.**